

Landon Metz

Born 1985

Lives and works New York

Landon Metz was born in Phoenix, Arizona. Metz spent time in Vancouver before moving to Los Angeles to study art formally, and currently works and lives in New York City. His work is heavily rooted in meditative practices and focuses on the abandonment of mind-identification.

Recent exhibitions include Paper! Awesome!, Baer Ridgeway Exhibitions, San Francisco CA (2010); The Company of People Group Exhibition, Space 15Twenty, Los Angeles CA (2010); Harts for Haiti, LVL3, Chicago, IL (2010) and Fridge, Lives in New York and LA, Chicago, NY (2010).